



JUST FOR VAULTERS!

For vaulters, the convention starts with four Friday educational sessions on topics ranging from Goal Setting to Building a Team Freestyle.

Then the weekend REALLY gets started, with Saturday and Sunday chock full of horse, barrel and conditioning clinics, both group and private, with clinicians Samantha Smith, Carolyn Bland, Emma Seely, Patrick Stevens, Megan Benjamin, Elizabeth Brigham and Jessica Ballenger, as well as instructors from the Gleason's Gymnastics Club's Circus Arts Program!

On Saturday vaulters will start with a morning Round Robin Vaulter/Horse clinic (see schedule for details!) followed by a special afternoon trip to the famous Gleason's Gymnastics Club, where vaulters will learn Circus Arts including aerial silks, hammock, hoops, solo and triple trapeze, juggling and hand balancing! And just when you think you're all pooped out, you'll get a second wind—at the AVA annual Recognition Banquet for everyone, preceded by the by-invitation-only National Champions Reception for all reigning 2011 individual and team National Champions, as well as their coaches and lungers.

On Sunday, the sessions will include on-the-horse and barrel sessions focused on the compulsories, especially flight exercises, and a fun Music Interpretation Challenge! Top off the morning with an energizing light (and quick!) lunch, followed by a show-and-tell session on the use of barrel work to enhance your skills and fitness!

Still not enough vaulting for you?

Then sign up for one or two of the SIX types of private vaulting clinics, featuring five regional, national and world champions (see separate document for details on clinicians and pricing)! Kick-start your competition year and elevate your vaulting with a private barrel or horse clinic with one or more of these renowned experts!

You can choose one or multiple private or semi-private sessions, either on the barrel, on your own horse, or on a borrowed horse. Work on your compulsories, your freestyle composition, certain Technical Test or freestyle moves, or your showmanship! Sign up NOW because slots are given on a first-come, first-served basis, and many of these clinicians' slots sell out early!