



ANY HORSE CAN GET A “7” SCORE!

Seven Lunger/Trainer Educational Sessions at the Convention...and More! (with WEG Gold Medal Lunger Carolyn Bland)

This year the AVA Convention will offer an unprecedented number of educational sessions specifically for the horse trainer/lunger, as part of your Convention package. Come join in on the learning and up your lungeing game! (Check the schedule for dates/times)

Horse Biomechanics (Classroom)

In this one hour classroom prelude to the arena session, participants will learn about the form and function of the horse in motion—the muscle structure needed to carry a vaulter and keep the horse structurally healthy.

Horse Biomechanics: With the Horse in Arena

Participants will look at a variety of horses and how they move biomechanically, and how form and function would enhance the movement of a vaulting horse.

Riding the Vaulting Horse

A comprehensive lecture and demonstration on correct riding techniques and exercises to improve the vaulting horse regardless of breed.

Applying the Horse Training Scale

Session Leader Carolyn Bland firmly believes “ANY horse, regardless of breed, can obtain a 7 in the horse score.” In this session she explains the training scale, and how to apply it to increase your horse score.

The First Impression: Showmanship and Turnout of the Horse and Lunger

In the vaulting world, showmanship and turnout of the horse and lunger are understated but highly important aspects of your “first impression.” In this session, you’ll learn tips and tricks to preparing your horse for the vet check so that both of you have the best chance of making a great first impression!

Lunger/Trainer Educational Sessions continued

Harmony Between the Horse and Lungers

In this session for lungers, coaches and vaulters, Carolyn will discuss the importance of the “triad” (horse, vaulter and lunger) all being in harmony with one another and demonstrate tips and tactics.

Enhancing Performance Through Correct Timing of Aids

A session that will proactively help lungers learn the correct timing of aids to enhance the vaulter and not hinder the vaulter’s performance.

Private Lunging Clinics

Check if you’d like to do some private lunging work, Carolyn Bland is available for private clinics during the Convention. Click on the “Private Lunging Clinics” section of the Convention microsite.

Horse Committee Meeting

The Horse Committee will meet on Thursday. Everyone is welcome!

All About the Horse Session: Horse Committee Meeting

Come share ideas for the different horse sub-committees:

- Lunging Training/Certification
- Horse Fitness/Wellness
- Vaulter Horsemanship
- AVA Horse Score
- Horse Recognition/Awards
- Horse Section of Website
- Communication to Members: Blast Items and *Equestrian Vaulting* Magazine Articles.

