

AVA ANNUAL CONVENTION

MARCH 1-4, 2012

Minneapolis, Minnesota



CIRCLE OF HARMONY

Get ready to learn, meet your fellow coaches, parents and vaulters, and have a great time at this year's AVA Annual Convention! Designed for all levels of coaches, lungers and vaulters (with fun and informational sessions and events for parents as well!) plan to do the ultimate Meet Up in Minneapolis, Minnesota, the "City of the Lakes".

FOR LUNGERS/COACHES

For coaches and lungers, the convention will feature seven separate hands-on and classroom sessions for lungers and trainers, and nine sessions just for coaches and club managers.

FOR ALL LEVELS OF VAULTERS

For vaulters, the convention starts with four educational sessions on topics ranging from Uniform Design to Goal Setting to Building a Team Freestyle, followed by a weekend chock full of horse, barrel and conditioning clinics, both group and private, with clinicians Samantha Smith, Carolyn Bland, Emma Seely, Patrick Stevens, Megan Benjamin, Elizabeth Brigham and Jessica Ballenger. On Saturday vaulters will take a special trip to the famous Gleason's Gymnastics Club, where vaulters will learn Circus Arts including aerial silks, hammock, hoops, solo and triple trapeze, juggling and hand balancing! On Sunday, the sessions will include on-the-horse and barrel sessions focused on the compulsories, especially flight exercises, and a fun Music Interpretation Challenge!

FOR PARENTS

For parents who want to help move vaulting forward, you're welcome and encouraged to come to our strategy meetings on Thursday, and any of our Friday and weekend educational sessions for vaulters, coaches, lungers and club managers. You may want to venture into the "How to Run a Competition" session on Saturday, OR you might just play hooky to head to the Circus Arts School to watch your vaulter as he/she (safely!) learns the trapeze or the silks! And, of course, don't miss a trip to the United States' largest mall, the Mall of America (and remember, there's no sales tax on clothing in Minnesota)!

FOR NEWBIES

For those relatively new to the vaulting world, we'll pair you with an AVA Buddy who can help you get the most out of our convention. Whether you're a coach, a parent, or a vaulter, if you'd like to be paired with a buddy before and during the event, please just let us know by emailing us at Convention@americanvaulting.org.

SPECIAL EVENTS FOR ALL

And, of course, there are optional events and sessions that are a "don't miss" for just about everyone! The ever popular Open AVA Judges Forum takes place on Friday afternoon (proceeds go to the Judges Fund to pay for Judges Training), as does the Adaptive Vaulting Clinic. And check the schedule for important information on a United States Pony Club Clinic, and Certified Horsemanship Association Vaulting Instructor Certification Program, the National Champions Reception, and the fun and exciting AVA Recognition Banquet!